## **Employers**

## Career clarity one day workshop for midcareer working mothers

The evidence had been mounting for some time that working mothers were holding back their careers because of work-life balance concerns. It's a key reason why gender pay gaps were proving so hard to shift. Then the disruptions of the last two years came along, taking the juggle to a whole new level. Unsurprisingly many of your working mothers are now re-evaluating how they want to work and what they want from their careers.

Now is the time to support these women to regain clarity and focus about their working future.

Introducing the Career Clarity one day workshop for mid career working mothers

Designed to support one of the key talent pools in your workforce, this one day workshop will enable women to:.

- Understand their personal preference for managing the work-life interface; and the implications for #rebalancing work.
- Understand why who they're being rather than what they're doing is key to managing work-life balance.
- Learn how to #upcycle their current job for increased productivity; AND for better balance (in a way that suits both them and their boss).
- Learn to influence key stakeholders so they flourish in their new working arrangement.
- Begin making plans for their next career move confident that it will enhance their life both at home and work.

If you already have a women's development programme or a Women Returner programme this workshop will form a valuable addition.

## Facilitator: Anna Meller

For the past 25 years I've specialised in both strategic and operational aspects of work-life balance. During that time I've worked with organisations at all stages of their journey to support employees in having balanced lives. I'm recognised as one of the UK's leading experts.

## For more information

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